The Sports Monograph:
Critical perspectives on socio-cultural sport, coaching and Physical Education
The Sports Monograph:
Critical perspectives on socio-cultural sport, coaching and Physical Education

Edited by Clive Palmer

Published by:
SSTO Publications
School of Sport Tourism and The Outdoors
University of Central Lancashire
Preston, Lancashire, UK.
PR1 2HE
Notice to readers

This book contains research-based essays and some passages of creative writing stemming from collaborative work between students and co-authoring mentors. Thus, each chapter represents a collective pedagogical endeavour to explore a topic of interest and present it in a published format with the intention of promoting a challenging, stimulating and worthwhile educational experience. An education of this nature is a central motivation behind this publication and its contents are set out in good faith for the general guidance of student supported research and the promotion of pedagogical discussion in teaching and learning contexts. All information drawn upon is freely available in the public domain and no liability can be accepted by the Editor or the authors for loss or expense incurred as a result of relying upon particular circumstances or statements made in this book.
Contents

Acknowledgements xviii

Notes on contributors xx

Foreword xxvii

Val Sellers

Title? Learning to listen

Introduction 888

1. A collective pedagogy: coaching academic talent in
Physical Education and sport
Clive Palmer

2. Matt Busby – the Ambassador and the Babes 888
Clive Palmer and Iain Adams with Richard Egan

3. Out of touch 888
Clive Palmer and Chris Hughes with
Grace Palmer, James Hughes, Harry Hughes,
Eban Cowell and Reuben Cowell

4. Understanding parental influence on child athletes:
from disinterested to fanatical parents
Elizabeth Booth with Caerwen Butler,
Nicola Hedge and Josh Cunliffe

5. Is sport doing enough to catch drug cheats? 888
Tom Davies with Jason Schofield and Michael Vernon

6. The path to glory 888
John Stoszkowski with Daniel Reece and Kieran Hodson
7. The importance of being a 3D person; dedicated, determined and dependable
   Jan MacDonald
   Chapter Editor and School Introduction: chapters 7 to 14
   Moore Primary School (Cheshire)

8. A day in the life of a competition swimmer
   Ellen Hickson with Mrs Jan MacDonald

9. Emily and the cross country race - a true story
   Emily Kelly with Mrs Jan MacDonald

10. Going for Gold
    Jess Connolly with Mrs Jan MacDonald

11. Dear Diary, practice makes perfect
    Meghan Warburton with Mrs Jan MacDonald

12. Tilly’s bike ride
    Jessica Snow and Olivia Lockyer
    with Mrs Jan MacDonald

13. When the going gets tough...
    Carys Beech with Mrs Jan MacDonald

14. The new boy
    Daniel Forster with Mrs Jan MacDonald

15. A world without sport
    Andrew Sprake with Jamie Mack and Andre Holder

16. Goal line technology: the final frontier
    Gethin Foulkes with Jacob Anderton and Shannon Morgan

17. Stressed out! Psychology of performance, a practical outline for coaches
    Clive Palmer with Jonathan Riley and Daniel Gregson
18. The murder of modern football
   Clive Palmer with Greg Megaw

19. Why England have not won a major football competition since 1966
    Adam Burrows with Ben Massey and Sam Drakeford

20. Is talent development a matter of design or desire?
    Stuart Wilkinson with Luke Ellis

21. Chicken soup out of chicken poop: not battery farming for champions
    Stuart Wilkinson

22. Doping in sport: Lance Armstrong, a case study
    Iain Adams with Josh Carine and David Emmerson

23. Debbie and Jonny’s Olympic car journey: investigating school sport
    Clive Palmer with Rohan Steele

24. Colour, who cares?
    Dan Horsfield and Clive Palmer with Dipesh Patel and Khawer Mushtaq

25. Sport’s literacy: writing to win
    Lisa Kenyon
    Chapter Editor and School Introduction: chapters 25 to 32
    Witton Church Walk CE Primary School
    (Northwich, Cheshire)

26. Too Hot or Not too Hot?
    Molly McCall with Mrs Hazel Kimber

27. Swim back to the future
    Naomi Hill, Josie Gillett and Ester Grace-Snowdon
    with Mr Robin Green
28. Ewan the useless 888
   Thomas Cannon with Mrs Hazel Kimber

29. The magic goalie gloves 888
   Grace Palmer with Mrs Sarah Johnson

30. I look big and strong but... 888
   Pheobe Little with Mrs Hazel Kimber

31. The race 888
   Charlotte Dent with Mr Robin Green

32. An old, decrepit, smelly church hall 888
   Naomi Hill with Mrs Hazel Kimber

33. Technically... it was a GoalRef 888
   Paul Swales with Joshua Cooper and Adam Catlow

34. Emily’s ice skating adventure: practice makes perfect 888
   Sophie Hunt with Katie Hunt

35. Here come the cyclists 888
   Grace Palmer with Dorinda Palmer

36. Letter to a coach 888
   Alana Jones with Bryan Jones

37. Lizzie and the magic football boots 888
   Sophie Hunt with John Stoszkowski

38. Blood runs thicker than water – and faster! 888
   Grace Palmer with Clive Palmer

39. Cheating in sport: contra-normative or desirable deviance? 888
   Anthony Maher with Paul Quintan and Joshua Davis
40. Why do so many girls drop out of sport and physical activity after compulsory education?  
Andrew Sprake with Nicola Wynne and Lucinda Wynne

41. Student voices: promoting literacy at Key Stage 3 through Physical Education and sport’s culture  
Rachael Wood
Chapter Editor and School Introduction: chapters 41 to 56  
University of Chester Academy Northwich  
UCAN: Cheshire (Secondary School)

42. Running for Gold  
Emily Barrow with Mrs Karen Giller

43. Football Fanatic  
Bryony Leigh Cross with Miss Geraldine Lynch

44. Dear Diary, we had hockey today  
Melissa Crow with Mr Paul Pritchard

45. Get your kit on  
Emily Williams with Miss Janet Forster

46. Footballer poem!  
Caitlin Massey with Mrs Joan Gillon

47. It’s all in the game  
Jack Rimmer with Mrs Karen Giller

48. Team humiliators  
Josie Leather with Mrs Penny Royle

49. Deep Water  
Lauren Barton with Mrs Karen Giller

50. Aspire, Achieve, Excel: how Rebecca Adlington inspired me  
Oriana Brown with Mr Clive Griffiths
51. Final hurdle 888
   Peter Dickenson with Mrs Karen Giller

52. It’s ok to lose 888
   Abby Corbett with Mrs Karen Giller

53. Rugby is a dangerous game 888
   Bethany Sutton with Mr Richard Russell

54. Is it worth winning? 888
   Caitlin Drinkwater with Mrs April Harris

55. We'll win the ashes!!! 888
   Dade Willis with Mrs Karen Giller

56. 100 metre stare 888
   Taylor Hamnett with Miss Rachael Wood

57. James' lessons in life: learning to live with racism 888
   Clive Palmer with Thomas Jack and Chris Gilligan

58. The transformation of the Olympic Village at the Olympic Winter Games – a historical analysis 888
   Jörg Krieger with Claudia Von Wagner

59. Understanding burnout and reducing its impact 888
   Keith McGregor with Tom Richmond and Sarah Maeght

60. ‘I’ve got my kit for PE Sir, but what else is missing?’ 888
    Perceptions of Physical Education in a Secondary school
    Andrew Sprake with pupils across Key Stages 3 and 4

61. The game’s gone mad! Women’s strive for recognition in football 888
    Joseph Pryle with Jennifer Smith and Gareth Bates
Recent Publications

The Sporting Image: Sports Poetry And Creative Writing
Edited by: Clive Palmer (2009)
With a Foreword by John Lindley and contributions from Billy Wilson aka Mr Mouse ‘Financial Security’ and Paul Hall ‘Casualski’
Published by the Centre for Research Informed Teaching, University of Central Lancashire, Preston, UK.
Available online from Amazon.co.uk, Play.com and other good bookshops, at, £5.99.

This book contains sixty five poems from students studying for a Sports Journalism degree and two short stories from outside the student cohort. A poetry workshop was led by John Lindley, a professional writer and former Cheshire Poet Laureate with final poems being inspired by a wide range of sporting incidents and personalities. The content of the poems are indicative of social phenomena which can be researched in sport studies, but may also begin to reveal the auto-biographical challenges of writing in a poetic form for the authors, who in some cases found a new and rich mode of personal expression.
The *Journal of Qualitative Research in Sports Studies* presents a valuable opportunity for students; undergraduates and postgraduates alike to write mentored publications of their research activities within the sport’s world. The papers are externally reviewed by academics from institutions in UK and overseas who have an interest in researching sport and physical education. They also share a similar vision for raising confidence in student’s writing and encouraging greater involvement with researching sport from a qualitative standpoint. Towards these ends the journal identifies the central aims below, which the Editorial Board hope the reader will recognise as educationally valuable in terms of academic quality and student centred support:

(a) To showcase and share student research at either undergraduate or postgraduate level.

(b) Through a process of mentoring and external review, help to improve student’s confidence to present their ideas formally.

(c) To create a contemporary resource of qualitative research within the sport’s world which is accessible to students and informs their ongoing investigations.

(d) To create a stage for experimental designs in qualitative research which are exciting, engaging and pedagogically stimulating for the study of sport.

From the combined efforts of the students, their mentors and the external reviewer’s feedback, the Editorial Board feel that these aims are achieved in some considerable measure through the papers comprising each volume. In working towards these aims I believe we bring significant meaning to the phrase ‘research informed teaching’ and hope that the readership will benefit from its contents.
Co-authored by: Clive Palmer, Iain Adams, Ray Physick, Mitchel J. Larson, Anthony Maher, Joel Rookwood, James Kenyon and Chris Hughes. This book comprises 30 chapters; each chapter having a research preface to create context and/or plausibility for the creative story that follows.

This publication originates from a module at the University of Central Lancashire called The Sporting Image. The focus of the book was to take a sideways look at iconic features in sport; characters, events, artefacts and general goings-on. By considering the notion of ‘what if?’ reality has been re-interpreted and presented differently through a medium of creative writing. Each chapter has some underpinning research which is intended to illustrate where the creative story departs from reality. The research aspect is also to give a sense of plausibility for a range of different outcomes which are ostensibly possible for some famous people in sport. Through the conflict created for these characters we find many ‘good apples’ in sport who may have been rotten to the core (and vice-versa) and some ‘juicy’ dialogue leads them to novel endings, altered events and new milestones in an augmented life-history. These are the kind of things envisaged by the authors in What If?, always for dramatic effect and often with moral tales lurking not too far behind the scenes.

Included in What If? are trials and tribulations for:

Muhammad Ali, Edmund Hillary and Sherpa Tensing, Mike Tyson, Thierry Henry, Rubin ‘Hurricane’ Carter, Jesse Owens and Hitler, Rio Ferdinand, Duncan Edwards, Dame Kelly Holmes, Roman Abramovich, Michael Schumacher

and many more…
This book exhibits the final artworks from a teaching initiative in aesthetic education which spanned the academic year, 2010-11. The project, fundamentally, was to explore one way of educating students to become critical thinkers about issues in sport and then, to experiment with means of communicating their ideas to others through a mode of artistic representation. The key-note lecture from Val Sellers along with his practical workshop on abstraction (Chapter 2) at the start of the year was the basis for producing the final artworks, in conjunction with follow-up lectures and discussion of ideas. Consequently, the groundwork for moving from aesthetic theory to artistic practice is set out in the opening chapters to provide a clearer understanding of the challenge set before the students and how they were equipped to engage with it.

It is interesting to highlight that once students began to realise how academically free they were within the bounds of this intellectual task, their imaginations thrived seemingly like never before at university and there was a noticeable leap forward in creative awareness demonstrated by some students when devising and refining their artwork. Therefore, the educational value of this task may have been all the greater for these students who discovered a new sense of confidence in their reasoning to make a bold statement about sport, in this case, an artistic one. There are 49 chapters of student and staff artwork in chapters, split into 4 ‘galleries: The Palmer Gallery, The Adams Gallery, a Viewing Gallery and a Cameo Gallery. The Viewing Gallery displays 23 artworks by students but without supporting narratives.
This is the fourth book in the Sporting Image Series compromising 32 chapters from students and academic staff, discussing Olympic culture across the genres of short story, poetry and artworks. At its heart it is a philosophy book about the ethics of human behaviour; a moral philosophy explored through research and artistic representation about how people [Olympians] felt they ought to act, or not act in certain circumstances. Interestingly, it is the breadth of these circumstances outside of sport; wars, racism, discrimination and other social conflicts, that have been the stimulus for the Sporting Image students to research ‘special’ Olympians.

What identifies the few Olympians from the many for special attention are their personal responses to these broader socio-political tensions, as acts of unsung heroism which have been represented artistically – in artworks, poetry and short stories. Unsung in this context alludes to actions beyond the medals and beyond the gaze and glare of sports settings for which some Olympians may be popular or even considered famous. They may be unsung and heroic for acts of truly unselfish giving, going beyond the call of duty expected from a sports personality, unsung; uncelebrated in some way, for acts of sacrifice, acts certainly not recognised as being part of sport, but nevertheless, heroic in the true sense of the word.
Acknowledgements

There is a small army of people to whom I am most grateful as without them, the Sports Monograph would not exist. For lending their imagination, sharing their interests and wisdom, and not least, for giving their time to support this ambitious project, the following people are duly acknowledged:

STUDENTS: Firstly I must thank all the 3rd year students at UCLan on the Professional Academic Development and Research module 2012-13, for trusting me with their education in what was, after all, a pedagogical experiment, albeit a confident one. Of the 200 plus on the module, students whose work made it through successive rounds of editing to become chapters in the Sports Monograph include: Richard Egan, Caerwen Butler, Nicola Hedge, Josh Cunliffe, Jason Schofield, Michael Vernon, Daniel Reece, Kieran Hodson, Jamie Mack, Andre Holder, Jacob Anderton, Shannon Morgan, Jonathan Riley, Daniel Gregson, Greg Megaw, Ben Massey, Sam Drakeford, Luke Ellis, Josh Carine, David Emmerson, Rohan Steele, Dipesh Patel, Khawer Mushtaq, Paul Quinlan, Joshua Davis, Tom Richmond, Sarah Maeght, Jennifer Smith, Gareth Bates, Joshua Cooper, Adam Catlow, Thomas Jack, Chris Gilligan, Claudia Von Wagner, Nicola Wynne and Lucinda Wynne. I am privileged through this publication to have learned so much from these students; from the depth and breadth of their sporting interests and also for helping me realise what they are really capable of in Higher Education.

MENTORS: For generously sharing their time, expertise and above all patience, a genuine debt of gratitude is owed to the mentors who have worked so conscientiously and sympathetically to improve writing that was not initially of their creation. To a large extent they simply trusted me in my requests and committed themselves to a task which for many was unfamiliar ‘research’ territory. Thank you to: Chris Hughes, Gethin Foulkes and Adam Burrows (from Edge Hill University, Lancashire); Elizabeth Booth (from Greenwich University, London); Jörg Krieger (from German Sports University, Cologne); Tom Davies (from Myerscough College, Lancashire); Andrew Sprake (from St. Andrew’s High School); and Iain Adams, John Stoszkowski, Stuart Wilkinson, Anthony Maher, Dan Horsfield, Paul Swales, Joseph Pryle and Keith McGregor (all from the University of Central Lancashire in Preston). The investments made by these intrinsically academically minded people have been invaluable not for only raising the quality of the student’s work, but also bringing their identity and a sense of ownership to chapters that now bear their names.

PRIMARY AND SECONDARY SCHOOLS: For adding a valuable dimension of student voice to the book as a whole, thereby enhancing its representation of
sport’s involvement across the ages. Thanks are due to nearly 50 pupils across four schools from Years 4 to 10 (ages 8-15 years old), their writing carefully mentored and managed through: Jan MacDonald (Head Teacher at Moore Primary School, Cheshire); Lisa Kenyon (Literacy Lead, Witton Church Walk CE Primary School, Northwich, Cheshire) and her colleagues, Hazel Kimber, Sarah Johnson and Robin Green; Andrew Sprake (St. Andrews High School [secondary]); Rachael Wood (Literacy Lead at University of Chester Academy Northwich, Cheshire [secondary]) and her colleagues, Geraldine Lynch, Paul Pritchard, Janet Forster, Joan Gillon, Penny Royle, Clive Griffiths, Karen Giller and Richard Russell. Thank you to all these staff for supporting the pupil’s writing, allowing them to express so clearly and vibrantly their experiences in sport. They really do impart a sense of balance and realism to what may otherwise have been a collection of detached and theorised chapters on sports provision.

INDEPENDENT CONTRIBUTORS: Thank you to the parents of young writers for their energy, stamina and patience to entice their children back to writing which the children probably thought was the finished article, to re-edit drafts of their story before sending them in. Thank you to Katie Hunt (parent mentor for Sophie Hunt), Dorinda Palmer (parent mentor for Grace Palmer) and Bryan Jones (parent mentor for Alana Jones). Also to the Hughes family and the Clarke and Cowell families for sharing various incarnations of their toddlers’ hand and foot prints, reproduced in Chapter 3; Out of touch.

IN CLOSING, a debt of thanks is owed to Dr. John Minten, Dean of the School of Sport, Tourism and The Outdoors at UCLan, for supporting this endeavour and its pedagogical remit towards publication. To Mervyn Clarke for his technical assistance with digital media, and to the staff at the Choir Press; Miles Bailey and Rachel Wood, for bringing the Sports Monograph into the public domain in such a polished format. Thank you also to Val Sellers for his unswerving support for my pedagogic adventures and to my wife and family for tolerating my distraction from family life to produce this book.

I appreciate the patience of all contributors during the lengthy production of the Sports Monograph; I hope they enjoyed the experience of authoring and are as proud of the results as I am.

Clive Palmer
Preston
2014
Notes on Contributors

Clive Palmer
Clive Palmer is a Senior Lecturer in the School of Sport, Tourism and the Outdoors at the University of Central Lancashire. An experienced teacher and researcher he was awarded his PhD on Aesthetic Evaluation in Men’s Artistic Gymnastics from Liverpool John Moores University in 2003. He has since written widely in socio-cultural areas of sport, publishing for example, The Turn to Aesthetics in 2008 and since 2009 has edited the Sporting Image Series including student-centred books on; Sports Poetry (2009); Creative Writing/Short Stories in Sport (2010); The Abstraction of Form in Sport (2011); and Unsung Heroes of the Olympics (2013). Clive also co-edited a volume in 2012 on The Formation of Sports Identity with Edwin Mellen Press, New York. He is a strong advocate of research informed teaching and actively promotes opportunities to showcase student writing which communicates experiences and discoveries through the study of sport. Clive is also the Editor in Chief of the Journal of Qualitative Research in Sports Studies (2007 to date). His academic interests include gymnastics, ethnography, aesthetics and the philosophy of sport, physical education, sport’s pedagogy and outdoor education.

Val Sellers
Val Sellers Trained at St. Johns College in York, Val Sellers taught Physical Education in Castleford for nine years before taking a sabbatical year to study dance at The Studio in Addleston, London. Then, working for thirty years in Initial Teacher Training of Physical Education students at I.M. Marsh College in Liverpool, which later became a campus of John Moores University, Val taught dance, gymnastics, trampolining, athletics and spring-board diving. His postgraduate study at both Sussex and Leeds universities in philosophy and aesthetics supported his practical teaching of dance and gymnastics. Since his retirement Val has undertaken consultancy work for Sportplan (http://www.sportplan.com/) writing teaching resource material in gymnastics and dance, as well as contributing to educational school based training courses. Val has published widely across books and academic journals in the areas of gymnastics, Physical Education, aesthetics in sport and sports history making significant contributions to student learning through The Sporting Image Series (2009-2013).
Iain Adams
Iain Adams is a Principal Lecturer in the School of Sport, Tourism and the Outdoors at UCLan, Preston. He worked as a PE teacher in Dorset after gaining a BA in PE/Geography from the University of Birmingham and a PGCE from Madeley College. He then won a scholarship to study for a Master’s degree and went to the University of North Dakota, USA. Completing an MSc in Sport Psychology, he continued through to his PhD in Platonism and Sport funded by working as the Women’s Badminton Coach. This was followed by periods of working, coaching, teaching and consulting in Los Alamos (New Mexico), Jordan, Bahrain, and Indonesia. After returning to the UK from Indonesia, he decided to become a full time pilot, a profession he had worked in part-time since his 17th birthday. Eventually realising he was missing the most important years of his children’s growth; he went back into full-time education at UCLan. He developed the module Sporting Image to introduce others to his passion of seeking to understand how sport is portrayed in other cultural forms.

Elizabeth Booth
Elizabeth Booth is a Senior Lecturer in Tourism Management at the University of Greenwich by day, and editor of the blog: Rewriting Russian Gymnastics by night. Prior to her academic life she worked for more than twenty years in the publishing industry, managing archives and developing exhibitions in collaboration with such organisations as the Victoria and Albert Museum. She holds an MA in Museum Management (2003) and a PGCE in post-16 Education (2005) and has published on character licensing and student progression. Her recent discovery of blogging has enabled her to pursue her interest in Soviet and Russian gymnastics in some depth and as a result has developing research interests in the area of sports tourism including; sports and tourism in the Russian Federation, sport as a cultural form, and the use of social media as a learning tool.

Andrew Sprake
Andrew is a teacher of Physical Education at St. Andrew’s High School, a secondary school in the North West of England. After gaining a BA Honours in Sports Studies from the University of Central Lancashire, Andrew went on to complete a PGCE in Physical Education at Liverpool John Moores University. With an eagerness to contribute to the body of knowledge in Physical Education research, Andrew has published in the Journal of Qualitative Research in Sports Studies as well as the International Council of Sports Science and Physical Education, covering research areas from the philosophy of Physical Education to the politics of curriculum development. Andrew is an active Board member of the International Physical Literacy Association and is a strong advocate for the development of Physical Literacy worldwide.
Gethin Foulkes
Gethin joined Edge Hill University in September 2012 having previously taught PE at further education colleges and secondary schools. He has recently completed an MA in Education which focused on the teaching of “fair play” in Physical Education. Gethin’s other interests are concerned with the role of technology in Physical Education teaching and the use of technology for teaching and learning. In addition to working at Edge hill he is a Coach Educator for the Welsh Rugby Union and an occasional Ultimate Frisbee player and coach.

Adam Burrows
Adam Burrows is a Senior Lecturer in Physical Education and School Sport at Edge Hill University (EHU). As a PE teacher and Head of Year with 15 years’ experience he worked in a number of large high schools within the North West of England. Adam enjoyed the challenges of secondary education and equally enjoys the very different challenges that Higher Education brings. Since joining EHU, Adam has researched student’s experiences of completing FE and HE sport courses of which he intends to publish some of his findings in the near future. He is nearing completion of his MA in Education focusing upon the life histories of PE teacher’s and their respective career pathways. He is keen to promote opportunities to showcase student writing which communicates experiences and discoveries through the study of sport. His widespread academic interests include the social, political and cultural influences on PE, PE/sport pedagogy, vocational and non-vocational PE and sport related courses along with Undergraduate PE student’s personal, professional development and employability.

John Stoszkowski
John Stoszkowski is a lecturer in Sports Development and Coaching and is a course leader for BA (Hons) Sports (Coaching) at UCLan. He holds a BSc (Hons) in Sports Science from Lancaster University, an M.Phil. in Sports Coaching (Education) from The University of Birmingham, and is currently working towards a PhD in Sports Coaching at UCLan. Prior to joining UCLan, John was a Regional Coaching Development Manager at the Professional Golfers’ Association and also worked as a Regional Development Officer at The English Golf Union. Before this, John ran a sports coaching company for several years which developed a range of coaching programmes and teacher training workshops in primary and secondary schools across England. John’s doctoral research is focused on the psychosocial aspects of coach development and he is also research active in the field of talent development.
Jan MacDonald
Jan MacDonald is a highly experienced teacher in the Primary education sector. She has a Bachelor of Education from Oxford University and started her teaching career at Moore Primary School in Cheshire, in 1978, where she has been Headteacher for last ten years.

Stuart Wilkinson
Stuart Wilkinson is currently an Associate Lecturer in the School of Sport, Tourism and the Outdoors at the University of Central Lancashire. Stuart completed his BA (Hons) in Sports Coaching at Leeds Metropolitan University and progressed to Post Graduate Diploma in Elite Coaching, MA Sports Coaching and PGCE in Further Education in Sport at The University of Central Lancashire, finally graduating in 2011. Stuart is an experienced practitioner in the field of International and Elite Coaching with over 30 years of professional employment within the sport of Rugby League. Stuart was the games' first Player Performance Manager and Head of Youth Performance with Leeds Rhinos', Assistant first team coach and Head of Academy with Wigan Warriors, Head of Youth Performance with Widnes Vikings, Head Coach of Great Britain Academy, England Academy, Full England Assistant Coach, Head Coach of Wales, Head Coach of Russia and Elite Coach Mentor for the French Rugby League. Stuart is currently is studying for a PhD within the field of Adaptable Skills in Elite Young Academy Players. Stuart has a proven track record of talent development within Rugby League with over 23 for his former players currently appearing for the home nations in the 2013 World Cup.

Paul Swales
At the time of writing for the Sports Monograph (2013/14) Paul was a first year undergraduate on the BA (Hons) Coaching and Development degree at the University of Central Lancashire. His main interests are sports, travelling and a deep curiosity for problem solving in his coaching and academic studies. Towards these ends he is a qualified FA Level 2 Football Coach, Football Referee and Handball Coach. As a sports coach Paul’s main satisfaction is when creating an environment for children to really have fun playing football. He also enjoys exploring the less visited parts of Europe with a possibility that travel and sports development might work hand in hand in deprived areas. It is a personal aim of his to have visited every country in Europe by the age of 30. Paul hopes to achieve either a performance analysis position within a professional football club or become an academy manager. Paul's chapter represents his first venture into the world of academic publishing; a new experience within his undergraduate studies.
Thomas Davies
Thomas Davies is Course Leader for the Foundation Degree in Golf Coaching at Myerscough College, Lancashire. A PGA qualified golf professional and coach, Thomas has an MA in Sports Coaching and is a PhD student in the School of Sport, Tourism and the Outdoors at UCLan. He has a wide range of academic interests including sports psychology, sports coaching, coach education and the ethics of sport in both team and individual sports.

Daniel Horsfield
At the time of writing for the Sports Monograph (2013/14) Daniel Horsfield was a final year student on the BA (Hons) Adventure Sports Coaching Degree, part of the School of Sport, Tourism and the Outdoors at the University of Central Lancashire, Preston. His academic interests are in reflective practice, group leadership and the application of psychological coaching in the outdoors. He has worked in the outdoors in both the UK and Canada, with aspirations to travel further. He is currently training as a Mountain Leader and a British Canoe Union Coach. Daniel’s chapter represents his first foray into the world of academic publishing as a development within his undergraduate studies.

Lisa Kenyon
Lisa Kenyon has been a teacher at Witton Church Walk CE Primary School in Northwich, Cheshire, for over ten years. Following her undergraduate degree in Geography at Hull University she trained to teach Geography at Secondary school level completing a PGCE at the Didsbury School of Education, Manchester Metropolitan University. After her first post at North Manchester School for Girls, teaching Geography and History, Lisa stepped into Primary education where she is now a member of the Senior Leadership Team with whole-school responsibility for Assessment, Literacy and Religious Education. Lisa believes in creating opportunities for children to do their best and seeing them smile about their work.

Keith McGregor
Keith McGregor is a fulltime associate lecture in the School of Sport Tourism and the Outdoors at the University of Central Lancashire. Keith’s Masters Dissertation looked at sports coaching pedagogy and has also published with Clive Palmer in the Journal of Qualitative Research in Sport, on longevity and camaraderie in extreme grade rock climbers. Keith has worked in the field of strength and conditioning for over five years and is an accredited strength and conditioning coach with the UKSCA. Keith has work with athletes of all levels, from university scholars to GB and international athletes. Keith is looking to further his studies through a Prof. D. researching in the area of strength and condition coaching.
Anthony Maher
Anthony Maher has an undergraduate degree in sport development with physical education, postgraduate certificates in business and management research methods and learning and teaching in higher education, and a Master’s degree in the sociology of sport and exercise. His Ph.D., which is due for completion in 2014, analyses special educational needs in mainstream secondary schools from the perspective of special educational needs coordinators and learning support assistants. More generally, Anthony’s academic interests include the development and structure of modern sport and education, sociological theory and its application to sport and education, equality in sport and education, and social research methods. At present, Anthony works as a lecturer in sport studies at the University of Central Lancashire.

Rachael Wood
Rachael Wood is the Literacy Coordinator and English teacher for UCAN: University of Chester Academy Northwich in Cheshire. She is in her third year of teaching after studying English Literature at the University of Sheffield; she completed her PGCE there and started her teaching career as an NQT at a school in Rotherham, before relocating to Cheshire at the age of 24. Before teaching she worked in a men’s clothes shop in Staffordshire where she grew up, selling the school uniform for the secondary school that she attended. She is a keen runner and has just completed her first marathon. Her personal belief in education is that students should be at the centre of teaching and learning activities in an environment which allows students to take responsibility for their own learning. She strongly believes that literacy is the key to success in life and acknowledges that her students have a lot to teach her! She is realising that we never stop learning.

Jörg Krieger
Jörg Krieger is lecturer and researcher at the Institute of Sport History at the German Sport University Cologne. He gained a BA in Sport Studies from Liverpool Hope University before completing a M.A. in International Sport Policy at the University of Brighton and a MA in Olympic Studies at the German Sport University. He is currently working on his PhD project, in which he investigates the influence of scientists on the International Olympic Committee’s anti-doping policy. Moreover, he is teaching in several Olympic related modules in the PE, BA and MSc courses at the German Sport University Cologne. He also coordinates the Executive Master Degree programme (MA Olympic Studies), offered by the German Sport University in cooperation with other European universities under the patronage of the IOC.
Joseph Pryle
Joseph Pryle is a further education sports lecturer who has a background in cricket and takes a research interest in sports development. Having been out of education for 12 years in a range of employment roles including coaching experience in the USA and Australia, he has used this knowledge on returning to Higher Education, where he has recently achieved a first class honours degree in sports coaching. This has sparked his interest in post-graduate research and having completed an MA in sports coaching, which had a focus on school development of cricket, he is now embarking upon an MPhil/PhD to explore an international dimension of using cricket in education. During 5 years at the University of Central Lancashire he has performed a diverse range of qualitative studies that are relevant to this monograph including; the establishing of girls cricket teams within high schools, the role of gender within the coach-athlete relationship, and the impact of gender on swearing within a sports setting. As a practicing cricket coach with over 10 year’s experience, he has integrated many of these research findings whilst shaping his own coaching philosophy, improving his teaching the process and creating a positive athlete/student led environment.

Chris Hughes
Chris Hughes is a Lecturer in Coach Education at Edge Hill University. His research interests include the sociology of sports coaching, phenomenology, and visual methodology. Chris has published in, and reviews for the Journal of Qualitative Research in Sports Studies and is currently studying for his PhD at Leeds Metropolitan University. This ethnographic study explores the sensory interface between body and environment and aims to document how bodies attempt to make sense of Bouldering (a form of rock climbing without ropes). He is also interested in how children experience sporting environments and how we as coaches affect how such identities are socially constructed through the senses.

The Students
Many of the Degree students who originally worked in a co-authoring partnership were from the third year on an undergraduate programme; BA Sports Coaching and Development at UCLan in Preston. Claudia Von Wagner similarly was a 3rd year undergraduate student on a sports degree at the German Sports University Cologne. In addition there are over forty pupils from two Primary schools; Moore Primary School and Witton Church Walk, both in Cheshire, and two Secondary Schools; UCAN in Cheshire and St. Andrew’s High School who contributed stories, poems and reflective accounts supported by their teachers. There is also other independent writing from Sophie Hunt (age 8), Grace Palmer (age 10), Alana Jones (age 9), Harry Hughes (age 3) and James Hughes (6 months) all supported by their parents.
Foreword

Title?
Val Sellers