

Learning how to ask:

A workshop for ethnographers and systemic psychotherapists

Friday 18 October 2019

Venue: Tavistock Centre, London
Fee: £120

Facilitated by: Dr Britt Krause and Professor Keir Martin
Book online at: www.tavistockandportman.nhs.uk/CF15

Are you an ethnographer or a systemic psychotherapist interested in expanding your ability to enquire?

Are you an ethnographer or a systemic psychotherapist interested in method?

Are you an ethnographer or a systemic psychotherapist interested in widening your imagination?

Are you an ethnographer interested in psychological and emotional processes?

Are you a systemic psychotherapist interested in developing your ability to work across and with difference?

If the answer to any of these questions is 'yes' or 'maybe', then this interactive workshop is for you.

The workshop will bring together ethnographers and systemic psychotherapists to discuss and debate with each other:

- how to work with self-reflexivity
- how to enhance your understanding of the process of asking
- how to develop an ethnographic imagination
- how to understand the influence of context on the content of relationships
- how to consider the intersection of psychological, emotional, cultural, political and social aspects of relationships

Following on from Gregory Bateson's path breaking work in connecting anthropology and psychotherapy/clinical mental health practice, this workshop aims to explore the contemporary relationship between ethnography and systemic psychotherapy and what each discipline can learn from the other. It provides a venue and an occasion for a dynamic interaction between ethnographers and systemic psychotherapists throughout the day as the participants will work in mixed groups encouraging each other to present practice and reflect on their methods of work. This will provide plenty of scope for participants from each discipline to learn from the other as well as for developing new methods of enquiry in both.

Programme

- 9.00 Registration
- 9.30 Welcome and introduction
- 9.45 Ethnography and systemic psychotherapy: Setting the Scene (Plenary)
- 10.30 Coffee break
- 10.45 What is the Difference (2 parallel mixed groups)
- 12.30 Summary (Plenary)
- 12.45 Lunch
- 1.45 Looking at Practice (2 parallel mixed groups) with tea/coffee available throughout
- 4.00 Reflections (Plenary)
- 4.30 Close

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