

Paediatric Bipolar Disorder

10 February 2017 / 9.00am – 4.30pm / London

CANADA WATER CULTURE SPACE, 21 SURREY QUAYS ROAD, LONDON, SE16 7AR



Overview

Join our masterclass looking at Paediatric Bipolar Disorder (PBD: age of onset <18 years), which will provide up to date and best practice knowledge and skills in assessment and intervention approaches for the condition.

The emphasis of the day will be on skills-based teaching focused on a range of presentations of the disorder. The day will start with a discussion regarding the diagnostic criteria for Bipolar Disorder, changes in the DSM-5, controversies with particular reference to PBD, associated comorbid neurodevelopmental and mental health disorders and then focus on current pharmacological and psychosocial evidence-based treatments for PBD.

This highly interactive day will include group discussion to practise skills in assessment of PBD, working through case examples of young people where differential diagnoses include PBD, PTSD, Emerging Personality Disorders, ASD and ADHD and discussing challenging cases and risk.

Issues covered include:

- Bipolar Disorder: DSM vs ICD
- PBD and DMDD
- Detailed case examples
- Differential diagnoses and comorbid conditions
- Challenging cases: e.g. risk, treatment resistance.

This event is open to qualified mental health practitioners, ideally with three or more years of CAMHS experience,

who assess and treat individuals with PBD. The masterclass will be limited to 40 participants in order to encourage maximum opportunity for learning, participation and discussion.

Our speakers

Dr Aditya Sharma is a Consultant and Clinical Senior Lecturer in Child and Adolescent Psychiatry at Northumberland Tyne and Wear NHS Foundation Trust and Newcastle University with a clinical academic interest in the impact of Bipolar Disorder on children and adolescents.

As Clinical Lead for the National Adolescent Bipolar Service (ABS), he leads a multidisciplinary second opinion service which provides specialist assessment and management advice for young people (under 18) with mood fluctuations which in conjunction with The Regional Affective Disorders Service (RADS for adults) provides a lifespan approach for subjects with complex mood disorders.

After completing his PhD in 2013 on neurocognitive function and emotion labelling in Bipolar Offspring, he is currently leading on a trial of the Family Focussed Treatment for Adolescents (FFT-A UK version) with Bipolar Disorder funded by NIHR RfPB.

Programme

- 09.00 Welcome refreshments
- 09.30 Welcome and address from ACAMH
- 09.45 Bipolar Disorder: Diagnostic features and epidemiology
- 10.00 Bipolar Disorder: DSM vs ICD
- 10.15 Bipolar Disorder: changes in the DSM-5
- 10.30 Paediatric Bipolar Disorder: Why bother
- 11.15 Break
- 11.15 Comorbidity or Differential Diagnosis: EUPD, ADHD and ASD
- 12.45 Lunch
- 13.30 Pharmacological Treatment of Mania
- 14.00 Pharmacological Treatment of Depression
- 14.15 Pharmacological Treatment of Mixed Episodes
- 14.25 Pharmacological Treatment of Euthymia
- 14.30 Psychosocial interventions for PBD
- 15.00 Break
- 15.15 Challenging cases and risk
- 16.30 Close

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! Fees include handouts, lunch and refreshments.
Please note that ACAMH will be audio recording the speakers at this event.

To read more about this and future events visit www.acamh.org/events

Booking form

PERSONAL

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Dietary requirements

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Closing date: 6 February 2017. Early application is advised. Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation.

Cancellation policy: cancellations received a month in advance of the event will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. **Data Protection Act:** by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organisation other than that required by statute.