



## Post Traumatic Stress Disorder: the impact of traumatic events on brain, behaviour, emotions and mental health in children and young people

Friday 4 December 2015; 09.00am until 17:00pm

Chilworth Manor Conference Centre, Baddesley, Southampton SO16 7PT

### OVERVIEW

ACAMH Southern Branch are pleased to invite you to their winter conference on Post Traumatic Stress Disorder (PTSD). Children and young people who are exposed to psychological trauma may subsequently experience a range of symptoms characterised as PTSD. These difficulties can be pervasive and persistent, interfere with functioning and underlie other problems eg depression and anxiety.

This conference, which is suitable for professionals and practitioners working with children and young people, will explore the origins of the concept of PTSD, our current knowledge of the effects of trauma on brain function and evidence for and techniques used in therapy with parents and children.

### SPEAKERS

**Dr Martin McColl**, Consultant Child and Adolescent Psychiatrist, Solent NHS Trust

**Dr Andrea Danese**, Senior Lecturer in Developmental Psychobiology and Psychiatry, Institute of Psychiatry, Psychology and Neuroscience, King's College London.  
Consultant Child & Adolescent Psychiatrist, National & Specialist Clinic for Child Traumatic Stress and Anxiety Disorders, South London and Maudsley NHS Foundation Trust

**Dr Richard Meiser-Stedman**, Clinical Reader in Clinical Psychology, University of East Anglia

**Maeve Crowley**, Consultant Clinical Psychologist, Complex Trauma Team, Sussex Partnership NHS Foundation Trust

**Dr Jonathan Bigg**, Consultant Child and Adolescent Psychiatrist, Hampshire & Isle of Wight Forensic CAMHS

**Dr Sheena Webb**, Consultant Clinical Psychologist & Service Manager London Family Drug and Alcohol Court, Tavistock & Portman NHS Trust

### PROGRAMME

9.00 Registration and Refreshments

9.30 Welcome, *Dr Alison Sankey*, Chair of ACAMH Southern Branch

9.35 Development of the concept of PTSD: cultural and historical factors - *Dr Martin McColl*

10.15 The neurobiology of PTSD - *Dr Andrea Danese*

11.30 Break

12.00 Why the 'C' and 'B' in CBT for PTSD in youth - *Dr Richard Meiser-Stedman*

13.15 Lunch

14.15 EMDR: working with children and adolescents - *Maeve Crowley and Dr Jonathan Bigg*

15.15 Break

15.30 Complex trauma and parenting: Helping children by healing parents - *Dr Sheena Webb*

16.30 Close

# Post Traumatic Stress Disorder: the impact of traumatic events on brain, behaviour, emotions and mental health in children and young people

Friday 4 December 2015; 09.00am until 17:00pm

Chilworth Manor Conference Centre, Baddesley, Southampton SO16 7PT

If you wish to receive the slides for this event, please make sure you provide your current email address below. Fees include refreshments light lunch and some conference materials. Please bring your own paper for taking notes during the presentations

To book your place for this event on Friday 4 December 2015 please complete and send to ACAMH Conferences, St Saviour's House, 39-41 Union Street, London SE1 1SD  
T: +44 (0)20 7403 7458; F: +44 (0)20 7403 7081; E: karyn.ambridge@acamh.org

To read more about this and future events, please visit the events calendar on [www.acamh.org/events](http://www.acamh.org/events)

(Ref: 693 04/12/15)

Title: Professor/Dr/Mr/Mrs/Ms/Miss (Please delete as appropriate)

Job title: ..... Organisation: .....

Name: .....

Contact address: .....

..... Address Type:  Work  Home

Phone number: ..... Email: .....

Do you have any special access requirements?: .....

ACAMH Member: £70.00  Non-Member: £90.00

Payment method

I enclose a cheque made payable to ACAMH

Invoice payment: Invoices can only be issued on receipt of an official purchase order, clearly indicating Purchase Order Number and Paying Body. Invoice requests without relevant documentation will be returned

Credit Card details: Visa/Mastercard/Eurocard/Maestro/Electron For your own security please do not send any credit card details via email.

(a) number: ..... (b) expiry date: .....

(c) if maestro issue no: ..... or valid from ..... / ..... (d) name on card: .....

(e) cardholders billing address: .....

..... (f) CCV (last 3 digits on back of card): .....

Sign: ..... Date: .....

CLOSING DATE: 30 November 2015 Early application is advised

Confirmation will be mailed out to all delegates who enclose their fee/invoice order. If you have not received confirmation at least one week before the event please contact the Conference Department. Do not turn up on the day without having received confirmation. Cancellation policy: cancellations received a week in advance of the conference will be refunded in full less a £10 administration charge; cancellations received after this date will receive no refund. Data Protection Act: by signing this application, I agree to ACAMH keeping data about me for the administration of training courses and conferences. All data held by ACAMH is not revealed to any individual or organization other than that required by statute

The Association for Child and Adolescent Mental Health  
St Saviour's House, 39/41 Union Street, London SE1 1SD

T: +44 (0)20 7403 7458

F: +44 (0)20 7403 7081

W: [www.acamh.org](http://www.acamh.org)

A Company Limited by Guarantee Registered in England and Wales No.2990385 Registered Charity Number 1042760