Pulling apart the Population health intervention black box: The concept of 'mechanism' from a realist evaluation perspective.

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To open the intervention black box, 3 reading keys per 'mechanism' (M):

M Intervention black box

FORCE / POWER

Generative causation

- M hidden, but real
- M produces outcomes (O)
- M depends on context (C)
- Existence of families of 'mechanisms'

RELATION / INTERACTION

Interrelationships Agency/Structure

- M: Reasoning/Resources
- M: Reactions
- Logic of intervention

DYNAMIC PROCESS

Implementation

What?

- Anteriority/History
- Temporality

For Whom?

Actors in Population health (PH) intervention (Stakeholders, researchers, practitioners...)

Acting at different levels of intervention (Practice, programme, policy...)

Involved in different issues

(Health system management, Health promotion, Healthcare access...)

Challenges of complex intervention evaluation

- Complex nature of context-dependant intervention
- Shortfalls of (quasi) experimental evaluation design
- Realist approach: a theory-based evaluation (Pawson & Tilley, 1997)

"Context-Mechanism-Outcomes" configuration

Scoping study

- Exploratory study of the grey and scientific literature
- Conceptual analysis: term, sense, referent (Gerring, 1999; Sartori, 2009; Daigneault & Jacob, 2012)
- 57 documents included (out of 1442 references) featuring an implicit or explicit definition of 'mechanism'

Defining the concept of 'mechanism'

- No consensus about the definition
- Clarification is required for a more coherent use (Marchal et al, 2012)
- Very recent debate in PH evaluation
- The proponents of the realist approach have suggested a general methodological framework rather than a strict one

How?

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