

WALK AND TALK

2010

Thursdays at 11:00am
27th May to 16th September

Meeting at Frankwell car park by foot bridge

MIGHT YOU ENJOY...

A regular walk along the river Severn.

Opportunities to chat with like minded people including a local psychologist.

Someone will be at the meeting point in Frankwell from 10:45am

11:00-12:30 - we walk along a beautiful stretch of the river, the chance to enjoy the countryside and be with wildlife

12:30 onwards - option of a drink and something to eat at local pub



Bring along:

Shoes or boots you don't mind getting muddy if wet.

An open mind, a friend or a (friendly) dog.



WHO ARE WE?

Mike Atkinson, Gio Azzolina, Nicki Evans, Guy Holmes & Gary Stevens

All of us are keen supporters of Walk & Talk and passionate about the countryside.

Guy is a local psychologist. Walk & Talk is open to anyone with an interest in walking in the countryside.

People who come along are responsible for their own welfare and can choose to join in as much of the walk as suits them

SEE www.shropsych.org for a report on Walk & Talk.
Or just turn up...everyone welcome