



**A date for your Diary: Thursday 30<sup>th</sup> April 2009**  
**9.30 - 4.30**

A day conference by the **Centre for Applied Research and Evaluation**  
**International Foundation (Careif)**

[www.careif.org](http://www.careif.org)

## **Race, Culture and Psychological Treatments**

Cultural Perspectives & Implications for Practice

### **Venue:**

Schofield Centre, Greenclose Lane  
Loughborough, Leicestershire LE 11 5 AS

**Price per Delegate: £90 Including Lunch**

**Confirmed Speakers so far include:**

**Prof Kam Bhui**, *Centre for Psychiatry, QMUL, London*

**Dr Mpalive Msiska**, *Senior Lecturer, Birkbeck College, London*

**Mrs. Diana Bass**, *Kings College & Guy's Hospital, London*

**Dr Deji Ayorinde**, *South London & Maudsley Mental Health Trust, London*



**Careif** is an International Mental Health Charity.

Its aim is to share knowledge about mental health in order to improve people's wellbeing. **Careif** does this through four main areas of work:

- \* **Learning and Teaching**
- \* **Culture and Wellbeing**
- \* **Volunteering Exchange and Twinning**
- \* **Young People Sport and Wellbeing**

The conference will present delegates with a unique opportunity to explore the relevance of culture and the impact of race in particular in the formulation and application of psychological treatments/interventions to people from non Eurocentric heritages with particular reference to those from Afrikan, Afrikan Caribbean and Asian heritages)

Delegates will be invited to explore, and challenge the established wisdom, inherent bias and assumptions within a predominantly Eurocentric approach to conceptualising, formulating and practice of psychological treatments and their application in clinical/educational and socio-economic settings

We envisage that by the end of the conference, delegates would have been able to:

- Think about the challenges of providing psychological treatments to diverse cultural groups
- Appreciate the limitations of applying models of psychological treatments and how to adapt these models in practice
- Understand and harness techniques for improving the effectiveness of psychological treatments for diverse cultural groups

The conference will be of particular interest to:

- The National Improving Access to Psychological Therapies (IAPT) Programme
- Commissioners in health and social care
- Providers in health and social care
- Practitioners
- Managers
- Clinical Psychologists
- Counseling psychologists
- Educational Psychologists
- Counselors, Psychotherapists
- Academic & professional institutions
- Academics and researchers
- Department of Health and Home Office
- Voluntary sector providers
- Children and family services
- Schools Teachers
- Local criminal justice boards
- Students
- Youth offending teams
- Private sector providers
- Members of the media
- Probation services
- Anyone with an interest in psychological treatments

Further details including speakers and programme for the day will be available shortly. Any queries please contact [Ingrid Joseph on 020 7882 2037](mailto:Ingrid.Joseph@careif.org) or Email [Ingrid.joseph@careif.org](mailto:Ingrid.joseph@careif.org)

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**share knowledge change lives**