



## Asian Family Counselling Service and Nafsiyat Inter-cultural Therapy Centre

2008 Joint Seminar Series on Inter-cultural Therapy with Children and Families

### Unpacking Attachment and its Place in Psychotherapy

*This seminar will use clinical examples from children's lives, and material from cultural studies to indicate the wide variety of contexts within which children develop. The seminar will aim to stimulate discussion about the basic tenets of attachment theory and how these influence the practice of psychotherapy.*

**SPEAKER: Dr. Begum Maitra, Consultant Child and Adolescent Psychiatrist,  
City & Hackney CAMHS and Jungian Psychotherapist (Adult)**

Begum's psychiatric training in India has deeply influenced her subsequent clinical and research interests, drawing her back repeatedly to consider the impact of culture. This interest has developed over 20 years of clinical practice in adult and child psychiatry in inner London, gaining particularly from the experience of parenting assessments for children thought to be at risk. She has conducted research on epidemiological, clinical and cultural subjects in India and in the UK, acted as consultant to research projects of national significance on the subject of minority ethnic children in Britain, and contributed to national projects considering cultural competence in mental health services for minority ethnic children. She has co-edited *Critical Voices in Child and Adolescent Mental Health* in 2006 with Dr Sami Timimi (Free Association Books).

Friday, October 3rd, 2008.

2:00 - 5:00 PM

Venue: Gulbenkian Room, International Students House/Park Crescent  
Conference Centre, 229 Great Portland Street, London, W1W 5PN  
(see enclosed map)

Fees: £20 / £10 (students and unwaged)

Registration: Return enclosed form by Friday, September 26th, 2008

✉: [nafsiyat.intercultural@gmail.com](mailto:nafsiyat.intercultural@gmail.com) ☎: 0207-686-8666

☎: 020-7686-8667 🌐: [www.nafsiyat.org.uk](http://www.nafsiyat.org.uk)

Nafsiyat and Asian Family Counselling Service are grateful for support and funding for these workshops from the Department of Children, Schools and Families.

Nafsiyat is funded by London Councils, Camden PCT, Enfield PCT, Haringey PCT, and Islington PCT.

AFCS is funded by Department of Children, Schools and Families, Department of Health, Ealing Council and Ealing PCT.



REGISTRATION FORM

Friday, October 3rd, 2008. 2:00 - 5:00 PM

Unpacking Attachment and its Place in Psychotherapy

Name:

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If you have a disability, please provide details and describe any special requirements?

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Designation:

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Organisation:

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Would you like to be placed on our mailing list for future events?

Address:

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Yes / No

Telephone:

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How did you hear about this event?

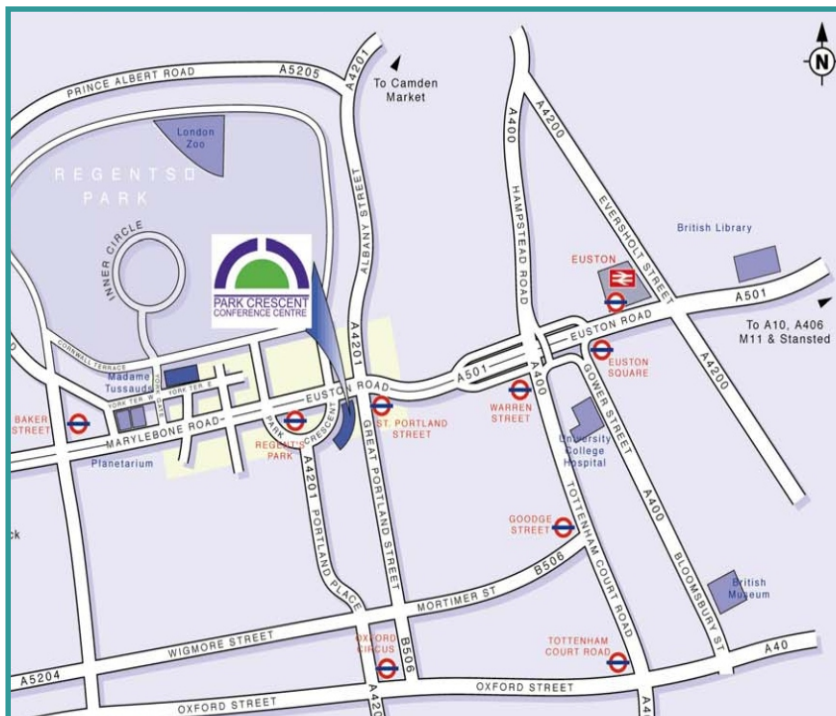
Email:

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Please enclose a cheque payable to Nafsiyat Inter-cultural Therapy Centre.

Return this form and payment by September 20th, 2008 to:  
Nafsiyat Inter-cultural Therapy Centre, 262 Holloway Road, London, N7 6NE



LOCATION & TRAVEL

Gulbenkian Room,  
International Students House/Park  
Crescent Conference Centre  
229 Great Portland Street W1W 5PN  
☎: 020 7631 8300 x 130

By Tube: Within 15 minutes walking distance - Baker Street, Regent's Park, Great Portland Street.

By Bus : Buses stopping outside or opposite Great Portland Street are A2 Airbus to Heathrow, C2, 18, 27, 30 & 88. Buses 18, 27 & 30 stop along Marylebone Street.