# De-medicalising MISERY

## Tuesday, 16th December 2008

Gower Street, London WC1

THE UNIVERSITY OF EAST LONDON'S SCHOOL OF PSYCHOLOGY, the Critical Psychiatry Network, the Hearing Voices Network (England) and University College London are delighted to present the second one-day conference in the De-Medicalising Misery series.

With increasing media attention being paid to the false promises of medicalised approaches to misery and madness, this conference focuses on a critique of the understandings of distress offered by mainstream psychiatry and psychology – and the 'solutions' they provide – and provides a platform for alternative ways of thinking about, and working with, distress.

Once again bringing together psychiatrists, service users and clinical psychologists at the forefront of thought and practice, the conference addresses important questions of contemporary public interest. How did the medical profession and pharmaceutical industry persuade us that 'antidepressants' and 'anti-psychotics' 'worked'? Why did the medical profession take so long to recognise their ill effects? Does CBT really offer a cure for unhappiness? What, if anything, does "consumer choice" actually mean in mental health services? Can the

#### CONFIRMED SPEAKERS:

Mary Boyle; Jacqui Dillon; Duncan Double; Suman Fernando; Irving Kirsch; Craig Newnes; Ewen Speed.

PLACES:

psy-professions escape their legacy of racism?

Again combining academic integrity with accessibility and the opportunity for dialogue and debate, the conference will be of interest to practitioners and academics in psychiatry, psychology and related disciplines, as well as to people who use or have used mental health services. Limited. For further information please contact Prof. Mark Rapley on 07951 908409 or via m.rapley@uel.ac.uk

#### COSTS:

Unwaged £25; Students/trainees £45; BPS Members £100; Waged £140. Lunch and refreshments will be provided.

### www.uel.ac.uk/misery



