

Health and Social Sciences

Middlesex University
Archway Campus
Furnival Building
2-10 Highgate Hill
London
N19 5LW



Middlesex
University

Promoting Cultural Competence in Health and Social Care Practice

*A distance learning **on-line** course for health and social care practitioners seeking to enhance their skills and knowledge, and comply with national policies and the expectations of an ethnically diverse, multicultural population.*

This course is suitable for all staff across the full range of disciplines in NHS Acute, Primary Care and Mental Health Trusts, Local Authorities such as Social Services departments, and the Voluntary Sector. It is especially valuable for those working in areas of high ethnic diversity. By increasing the cultural competence of policy makers and service providers the course will increase the compliance of employing organisations with their statutory obligations to have explicit plans for achieving race equality in their service delivery and employment practices. Students will be able to utilise credits gained by successful completion of this course to progress towards advanced studies/awards.

Aims of the Course

The overall aim of this course is to help health and social care practitioners develop their cultural competence in order to be able to contribute, through their work, towards the achievement of a society in which:

- every member is able to fulfil their potential;
- racism is deemed unacceptable and counteracted;
- everyone is treated according to their needs and rights;
- everyone recognises their responsibilities, and;
- ethnic diversity is celebrated.

Learning Mode

The course will be delivered as a *distance learning programme*, using the University's virtual learning environment OASISplus, via the Internet. This will enable students to take the course without the costs (time and money) of travel and with the option to work from home (or anywhere they can access the internet) at their own pace across the eight week time frame for completion. There will be 150 hours of learning/instruction:

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| 10 hrs | introduction to on-line learning; |
| 50 hrs | on-line lecture materials, e-tutorials and e-feedback; |
| 50 hrs | participation in e-discussions and self assessment exercises; |
| 40 hrs | preparation of reflective journal and completion of module evaluation. |

Learning Outcomes

Students who successfully complete this course will be able to:

- ✓ critically examine concepts such as culture, ethnohistory, cultural identity, acculturation, ethnocentricity and stereotyping;
- ✓ consider the socio-cultural determinants of health with particular focus the inequalities in health and welfare;
- ✓ demonstrate deepened sensitivity of the psycho-social and cultural issues fundamentally affecting the

- health behaviours and well-being of minority ethnic groups and refugees;
- ✓ be aware of the importance of culturally appropriate communication and how this can be improved within their organisations.
- ✓ search a wide range of data sources to obtain relevant information;
- ✓ develop problem-solving and communication skills;
- ✓ offer and receive constructive feedback;
- ✓ apply cognitive skills to recognise and challenge discrimination and racism both at practice and policy level.

You will need

- evidence of ability to study at UK higher education level 3;
- basic IT skills;
- access to the Internet;
- Microsoft Word or Works.

Start date

The course will commence on 15th October 2007.

Supporting Materials

Students will receive instruction packs detailing the use of the on-line learning software. Each student will be supplied with a copy of the book Papadopoulos I (2006)(ed): *Transcultural Health and Social Care: Development of culturally competent practitioners*.

Course Cost

The cost of enrolment and assessment will be £500.

Accreditation & Further Study

Successful completion of the course will earn level 3/4 credits which may be used to progress towards an advanced qualification. Examples include the MSc in European Nursing, the MA/PGDip/PGCert Development with work experience/workbased learning, and the MA/PGDip/PGCert Social Policy and Development

Applications and Further Information

To discuss the course please contact the module leader, Professor Rena Papadopoulos.

Tel. 020 8411 6626
Email r.papadopoulos@mdx.ac.uk

For enrolment enquiries please contact:

Victor Galea-Borg
CPD Administrator
Research, Business Services & WBL
Middlesex University
Furnival Building, 2-10 Highgate Hill
London N19 5LW

Tel. +44 (0)208 411 4760
Fax +44 (0)208 411 4777
Email v.borg@mdx.ac.uk