

Booking Form

Understanding and Challenging Racism

A three day personal development course for people from black and minority ethnic communities

Saturday 28th February until Monday 1st March.

The 4 Star Novotel Hotel, Euston, London

The course fee, including participant's pack, is:

Residential £1200 plus VAT

(includes three nights accommodation Friday – Sunday) and all meals

Non Residential £900 plus VAT

(covers daytime refreshments including lunch)

Please book me a place on this 3 day personal development course.

First Name..... Surname

Job Title..... Organisation

If applicable If applicable

Contact Address

.....

.....

Post Code

Daytime Tel No..... Fax No.....

e-mail address.....



Please return this form to:

Neish Training, PO Box 428, Glasgow G12 9NE or Fax to 0141 579 4809

VAT REG NO. 774 7574 78

Understanding and Challenging Racism

A three-day personal development course for people from black and minority ethnic communities

You don't understand racism just because you're black – and yet it's often assumed that you do! What's more you're also expected to know what causes it and how to eliminate it whilst speaking on behalf of every black person in the UK!

So, if you are ever called upon to be the spokesperson for your team or organisation, or simply want to develop a deeper understanding of these complex issues, this course is for you.

This is a personal development course specifically for people from black and minority ethnic communities. Its aims are to allow you to explore the impact of racism on yourself, your relationships and between different black communities and to develop your effectiveness in promoting and implementing equal opportunities policies at work.

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The 4 Star Novotel Hotel Euston, London



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Understanding and Challenging Racism

a personal development course for people from black and minority ethnic communities



Gillian Neish

This Course will be facilitated by Gillian Neish.

Central to all Gillian's work is her commitment to anti-racist practice and to making equity a reality.

As a black woman herself she knows that black people are not a homogenous group! Therefore her approach is flexible in order to respond to each individual's specific needs. She creates an environment that encourages participants to discuss and debate the complexities of racism and its impact, so that they have a broader understanding of the issues and are, therefore, better able to challenge it effectively.

The course will be practical and highly participative with opportunities to 'try

things out' and get feedback, to network and share experiences, to review and reflect, all in a supportive environment. During the first two days there will be input from the facilitator, discussion of video materials, small group work, large group discussion and individual reflection

On the third day, participants will take part in the 'blue-eyed, brown-eyed' exercise in discrimination led by the internationally acclaimed diversity champion Jane Elliott.

Course Objectives

The course objectives are to enable you to:

- draw parallels between the racist behaviours based on eye colour in 'The Angry Eye' video with the racist behaviours based on skin colour (and with discriminatory treatment because of other 'isms') because of power inequalities in society;
- recognise the effects discriminatory treatment has on those who discriminate as well as those who are discriminated against;
- understand how discriminatory treatment can lead to negative behaviours which reinforce prejudice against people from less powerful groups;
- consider your own 'coping strategies' and the impact on yourself and your relationships;
- understand the terminology associated with equity issues and the power and importance of language;
- develop your assertiveness skills in challenging racism and all discriminatory treatment;
- understand and be better able to make the business case for eliminating discrimination and valuing diversity;
- build networks to support your personal development beyond the course.

If you would like to discuss the course in more detail please contact Gillian Neish at 0141 334 7688 or for more information about Neish Training log on to www.neishtraining.com



Jane Elliott